



Severn AC Runners Weekly - 7th May

THIS WEEK's Race News



Severn Athletic Club's Neil Taylor competed in Sundays Stroud Trail Marathon, this was his second attempt at this race after competing the event in 2014. Neil finished in 24th place in a time off 4:13:13, this was a massive 30 minute improvement on his past performance... 'this was a tough run, but there are some fantastic views that make it really worthwhile. We were blessed with the weather too'.

Neil is now focusing on hopefully competing a 50k run sometime in the near future.

Severn Athletic Club's Chris Brown shook off the fatigue of the London Marathon finishing 2nd and running a sub 18 minute 5km at the Kingsway 5km parkrun in 17:52.

Other Severn runners who competed....

56th Kevin Probyn(V45) 23:22, 57th Greg Leyshon(V65) 23:23

North Gloucester 5km parkrun 6/05/17: 79th Daniel Taylor(U20) 29:25, 80th Neil Taylor(V45) 29:28

Stonehouse 5km parkrun 6/05/17: 49th John James(V65) 27:58 (course PB)

THIS WEEK's Club News

Unfortunately this Thursday's race at Elmore has been postponed, hopefully we will have a new date for the event for sometime in June.

Finally thanks for your feedback on the style of the planned new technical t-shirt, overall feedback was very positive. We will now be looking to purchase some new vests and t-shirts during the next couple of weeks and will inform you as soon as stock has arrived.

Also if anybody has entered the Dymock Half Marathon then please can you let me know.....