



## *Severn AC Runners Weekly - 28th May*

### *THIS WEEK'S Race News*

*Severn Athletic Club's old brigade continue to do well. In the Kingsway 5K Parkrun Ian Overthrow(V50) maintained his excellent high placings there when second in 18:51. Following him were 41st Kevin Probyn(V45) 23:32, 61st Phil Reece(V50) 24:47 & 130th John James(V65) 29:32. 267 ran.*

*At Crystal Palace Parkrun Rich Brown maintained his run of top three placings when finishing 3rd in 18:42. 238 ran.*

*At Gloucester North Parkrun Andy Brown(V55) placed 15th in 22:18, 18th Neil Taylor(V45) 22:48 and 68th Sandra Brown(V55) 29:03. 149 ran.*

*In the 5K Road County Championship at Haresfield Kevin Probyn(V45) led Severn home when 33rd in 22:35. Adding to a bountiful collection of medals in the veterans age group Greg Leyshon(V65) took silver when 36th in 22:48 and John James(V65) bronze finishing 54th in 28:35. 64 ran.*

### *THIS WEEK'S Club News*

*The Club's next meeting will be held on Tuesday June 13th at Sainsbury's Barnwood @19:30 and again will be held in the Cafe.*

*The Club Kit part of the website is currently being updated and prices will be added soon....*